



**LIBERTY
DANCE**
THE HOLISTIC APPROACH
TO DANCE EDUCATION

SEPTEMBER 2026

- ADULT WORKSHOPS
- PRIVATE LESSONS
- FALL REGISTRATION
- MASSAGE THERAPY

NEWSLETTER



Hello Dancers!

We can't believe we're looking towards the end of the summer this month!

Hopefully you're all able to enjoy the remaining few weeks and soak in all the great energies of summer. We are looking forward to getting back into a routine which includes returning to the studio with all of you!

ADULT WORKSHOPS:

Our next workshop is Thursday, September 10th:

5:45-6:30pm

Beginner Pointe

6:30-7:30pm

Beg-Inter Ballet

This class will focus on use of feet and carriage of the arms, in hopes to get you all reacquainted with your ballet foundations. This is a great opportunity for new dancers to try out a class before the term starts. You do not need pointe shoes to participate in the pointe class. This class is great for improving feet & ankle

strength, stability and balance.

Consultations and assessments for pointe shoes are available with Michelle upon appointment.

Stay tuned for upcoming Beginner Adult Workshops with Miss Shannon in various styles including Ballet, Contemporary and Broadway Jazz. Feel free to send us your requests!

PRIVATE LESSONS:

Private or semi-private lessons are available, for anyone who has individual goals they'd like to work towards.

FALL REGISTRATION:

The fall term starts on September 20th. The schedule is available on our website, for all levels from toddlers to adults.

Please note, Miss Shannon will take over Tuesday classes, as Miss Andrea was promoted

to a new role including a lot of travelling. We'd like to thank Miss Andrea for all her wonderful work with us at Liberty Dance. She will truly be missed!

Don't forget; Registration for the fall term is on a 5% discount until September 7th. Be sure to take advantage of this, as regular rates apply afterwards.

MASSAGE THERAPY:

Appointments are available on Sundays & Tuesdays via mobile or at *Liberty Place*. Please visit our website for fees and reach out to Michelle to book an appointment.

THANK YOU FOR YOUR CONTINUED SUPPORT!

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