



**LIBERTY
DANCE**
THE HOLISTIC APPROACH
TO DANCE EDUCATION

MARCH 2026

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NEWSLETTER



LIBERTY DANCERS,

Thank you all for your great energy, as we head into the end of the Winter Term. We look forward to Daylight Savings Time on March 8th to celebrate longer, and hopefully, sunny and warmer days ahead!

Please continue to stay warm on your way to class and bring extra layers until we are out of this brisk, winter season. *TheraBand's* are available in the studio for a little extra warm up before class starts. Just ask your teacher to get access to this equipment upon arrival.

WINTER TERM:

Our Winter Term comes to an end on March 12th. Trial classes are available until then, for those interested in trying a class before committing to the spring term.

WORKSHOPS:

Miss Shannon is teaching another Absolute Beginner Adult Ballet Workshop on Sunday, March 8th at 3pm. This class is for those who are new to ballet and looking for a fun, afternoon of dancing in a casual and uplifting environment.

Registration is available on our website.

HOLIDAYS:

March break runs from March 15th to 21st. There are no classes running at the studio during this time.

SPRING TERM:

The Spring Term Registration is currently open and on an early discount of 10% until March 7th. A 5% discount is available until March 14th. The Spring Term runs from March 22nd to June 4th, excluding holiday weekends.

ANNUAL RECITAL & PREPARATORY EVENTS:

Please save the date for our annual recital on Saturday, June 6th from 12:00-3:00pm at Pope Francis Catholic School (319 Ossington Ave). Confirmation of participation is needed by March 22nd.

We are also planning Pictures and Dress Rehearsals on Sunday, May 31st, from 10:30-3:45pm. The schedule is posted on the website; just click on the date to view your groups scheduled time.

Please take note of

our Stage Rehearsal on Saturday, June 6th from 12:30-1:30pm before the show begins at 2pm. Doors will open for the audience to take a seat at 1:45pm.

Please note, there are extra fees included in participation for costumes, tickets, pictures, and rehearsals. These details are outlined in the Spring Term Registration package available on our website.

MASSAGE THERAPY:

RMT appointments are available upon request on Sundays & Tuesdays via mobile or at *Liberty Place*. Please note, availability usually starts 3-4 weeks in advanced, unless there are last minute cancellations. Please reach out for further information.

THANK YOU FOR YOUR CONTINUED SUPPORT!

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